

# Yoga Immortality And Freedom Bollingen Series Vol Lvi

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YogaClosing the CircleShamanismYouth Without  
Youth and Other NovellasPublishers WeeklyLiterature  
of BeliefYogaIndian Ethics: Classical traditions and  
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Bollingen FoundationYoga: Union with the  
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R. TraskSir John Woodroffe, Tantra and BengalThe  
Yoga Sutra of PatanjaliAyurveda

## The New York Times Book Review

The sutras of Patanjali, who is considered to be the  
first systemizer of Yogic thought, are presented here

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in clear, simple language, with a succinct comment on each. This book will interest the newcomer to Yoga as well as the seasoned practitioner of the philosophy.

### **Jung and Yoga**

Three novellas set in Romania. In "The Cape," a saboteur prints phony copies of the Romanian party organ, Scinteia, antedating them by three years. The secret police, highly agitated, deduce that a worldwide peace organization is sending coded messages through the paper, derived from the beatitudes. In "Youth Without Youth," an old man is struck by a bolt of lightning and becomes young again. Now endowed with a fantastic memory and comprehension, he receives "thought" messages from the supernatural. "Nineteen Roses" concerns the secretary of a famous writer who finds himself reliving an experience that happened to his employer 30 years ago. The writer disappears and is presumed dead, but is he?

### **Closing the Circle**

Set in 1930s Calcutta, this is a roman á clef of remarkable intimacy. Originally published in Romanian in 1933, this semiautobiographical novel by the world renowned scholar Mircea Eliade details the passionate awakenings of Alain, an ambitious young French engineer flush with colonial pride and prejudice and full of a European fascination with the mysterious subcontinent. Offered the hospitality of a senior Indian colleague, Alain grasps at the chance to

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discover the authentic India firsthand. He soon finds himself enchanted by his host's daughter, the lovely and inscrutable Maitreyi, a precocious young poet and former student of Tagore. What follows is a charming, tentative flirtation that soon, against all the proprieties and precepts of Indian society, blossoms into a love affair both impossible and ultimately tragic. This erotic passion plays itself out in Alain's thoughts long after its bitter conclusion. In hindsight he sets down the story, quoting from the diaries of his disordered days, and trying to make sense of the sad affair. A vibrantly poetic love story, *Bengal Nights* is also a cruel account of the wreckage left in the wake of a young man's self discovery. At once horrifying and deeply moving, Eliade's story repeats the patterns of European engagement with India even as it exposes and condemns them. Invaluable for the insight it offers into Eliade's life and thought, it is a work of great intellectual and emotional power.

"*Bengal Nights* is forceful and harshly poignant, written with a great love of India informed by clear-eyed understanding. But do not open it if you prefer to remain unmoved by your reading matter. It is enough to make stones weep." — Literary Review

Mircea Eliade (1907-1986) was the Sewell L. Avery Distinguished Service Professor in the Divinity School and the Committee on Social Thought at the University of Chicago. Many of his scholarly works, as well as his two-volume autobiography and four-volume journal, are published by the University of Chicago Press. Translated into French in 1950, *Bengal Nights* was an immediate critical success. The film, *Les Nuits Bengali*, appeared in 1987.

## **Shamanism**

The 'Book of Lemmas' presents the outlines of an immanent and transcendent metaphysics. The latter is introduced by a survey of epistemology, in particular criticism, demarcating between valid and invalid propositions and between science and metaphysics. Immanent metaphysics does not move beyond the limitations of conceptual reason and is a heuristic of science. The ontological principal of the proposed process-ontology is the actual occasion, defined by its two state vectors: material efficiency and scalar finality (information and consciousness).

## **Youth Without Youth and Other Novellas**

This book offers translations of the 'Yoga S\_tra' of Pata?jali in English, French and Dutch, as well as a commentary from the perspective of a practicing Buddhist. The 'Yoga S\_tra' of Pata?jali is a remarkable short text of about 1200 words, codifying the best yoga practices in 195 Sanskrit aphorisms. Yoga became one of the six schools of Hindu philosophy. In contrast to Jainism and Buddhism, it always kept close to the 'Vedas'. These crucial scriptures speak of three paths to freedom from ignorance and the suffering it brings: Ritual, Mystical Devotion and Yoga. The 'Yoga S\_tra' of Pata?jali turned Hindu Yoga systematic and close to direct yogic experience. Besides a critique of the eternal substances of seer (the self) and seen (Nature), the commentary also identifies correspondences between Jh\_na Yoga and the various types of union (sam\_dhi) mentioned by Pata?jali and

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compares constraint (the application of concentration, contemplation and union) with the Nine Stages of Calm Abiding.

### **Publishers Weekly**

English, French and Dutch translations of the 'Yoga S'tra' of Patanjali. The 'Yoga S'tra' of Patanjali is a remarkable short text of about 1200 words, codifying the best yoga practices in 195 Sanskrit aphorisms. Yoga became one of the six schools of Hindu philosophy. In contrast to Jainism and Buddhism, it always kept close to the 'Vedas'. These crucial scriptures speak of three paths to freedom from ignorance and the suffering it brings: Ritual, Mystical Devotion and Yoga. The 'Yoga S'tra' of Patanjali turned Hindu Yoga systematic and close to direct yogic experience. In 'The Yoga S'tra of Patanjali: Translations and Commentary' (2016), the text is provided with a commentary from the perspective of a practicing Buddhist.

### **Literature of Belief**

#### **Yoga**

This text looks at the parallels between yoga practice and Jungian analysis, focusing on Jung's ideas as experienced through bodywork. Previously hidden energy brings psyche and body together, uniting them in sacred union that gives birth to a new consciousness.

## **Indian Ethics: Classical traditions and contemporary challenges**

Moffett offers a highly personal, philosophical inquiry into the deeper purposes of education and the need for the school reform movement to take on a "transformative" mission. This book advances the view of education as a spiritual endeavor or sacred quest that produces the highest potential of the individual.

## **A Report of Its Activities - Bollingen Foundation**

## **Yoga: Union with the Ultimate**

### **Yoga**

Working with Bengali mentors, especially his close friend A. B. Ghose, Sir John Woodroffe became the pseudonymous orientalist Arthur Avalon, famous for his tantric studies at the beginning of the twentieth century. Best known for *The Serpent Power*, the book which introduced 'Kundalini Yoga' to the western world, Avalon turned the image of Tantra around, from that of a despised magical and orgiastic cult into a refined philosophy which greatly enhanced the prestige of Hindu thought to later generations of westerners. This biographical study is in two parts. The first focuses on Woodroffe's social identity in Calcutta against the background of colonialism and

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nationalism - the context in which he 'was' Arthur Avalon. To a very unusual degree for someone with a high position under the empire, Woodroffe the British High Court Judge absorbed the world of the Bengali intellectuals of his time, among whom his popularity was widely attested. His admirers were attracted by his Indian nationalism, to which his tantric studies and supposed learning formed an important adjunct. Woodroffe's friend Ghose, however, was the chief source of the textual knowledge in which the 'orientalist' scholar appeared to be deeply versed. The second part of this study assesses Woodroffe's own relationship to Sanskrit and to the texts, and highlights his very extensive but gifted use of secondary sources and the knowledge of Ghose and other Indian people. It examines the apologetic themes by which he and his collaborators made Tantra first acceptable, then fashionable. Partly because of his mysterious pseudonym, Woodroffe acquired a near legendary status for a time, and remains a fascinating figure. This book is written in a style that should appeal to the general reader as well as to students of Indian religions and early twentieth century Indian history, while being relevant to the ongoing debate about 'orientalism'.

### **Dattatreya: The Immortal Guru, Yogin, and Avatara**

#### **Yoga**

Lectures delivered at Rice University, Houston, Texas,

in 1977.

## **The Oceanic Feeling**

### **Spiritual Liberation and Human Freedom in Contemporary Asia**

In The Weiser Concise Guide to Alchemy, Brian Cotnoir offers a detailed, stepbystep introduction of Alchemy that explores its mysteries while illustrating its use as a modern spiritual system of attainment. He provides an overview of the history of Alchemy, from the first meldings of Egyptian technology, through the Middle Ages--the golden age of alchemyright up to contemporary techniques. He demystifies the relationship between Alchemy and chemistry, and he provides evidence to detractors that Alchemy is much more than a medieval form of psychotherapy. (The guide includes practical laboratory experiments that safely, and intelligently, lead readers to an understanding of this ancient art and spiritual practice.) From the introduction: Brian describes this book as the one he wishes he had available when he began his lifelong study of Alchemy. I challenge any reader to find a more succinct and clear guide to this science and art. The Weiser Concise Guide to Alchemy is replete with actual exercises of the alchemical art such as: distillation and further processes to extract aqua vitae and the 'spirit of wine' the purification of salts through calcination, crystallization, and sublimation advanced processes for obtaining such alchemical precursors as Archaeus of Water, Oil of

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Tartar, and the Spirit of Wine of the Sages herbal work for obtaining spagyric tinctures, magistries, ens, and stones mineral work for obtaining the salts and oils of metals. The Weiser Concise Guide to Alchemy makes Alchemy a viable and valuable modality that can be used for understanding and working in concert with the energies of Nature for spiritual development, healing, and transformation.

### **Translation**

### **The Galaxy on Earth**

First published in English in 1958, the author lays the groundwork for a Western understanding of Yoga, providing a comprehensive survey of Yoga in theory and practice from its earliest antecedents in the Vedas through the twentieth century.

### **Sound and Symbol, Volume 1**

The foundational work on shamanism now available as a Princeton Classics paperback Shamanism is an essential work on the study of this mysterious and fascinating phenomenon. The founder of the modern study of the history of religion, Mircea Eliade, surveys the tradition through two and a half millennia of human history, moving from the shamanic traditions of Siberia and Central Asia—where shamanism was first observed—to North and South America, Indonesia, Tibet, China, and beyond. In this authoritative survey, Eliade illuminates the magico-

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religious life of societies that give primacy of place to the figure of the shaman—at once magician and medicine man, healer and miracle-doer, priest, mystic, and poet. Synthesizing the approaches of psychology, sociology, and ethnology, Shamanism remains the reference book of choice for those interested in this practice.

### **The Universal Schoolhouse**

Indian ethics is one of the great traditions of moral thought in world philosophy whose insights have influenced thinkers in early Greece, Europe, Asia, and the New World. This is the first systematic study of the spectrum of moral reflections from India

### **Yoga Life**

Presents the multi-faceted Hindu deity Dattatreya from his Puranic emergence to modern times. This book presents the multi-faceted Hindu deity Dattatreya from his Puranic emergence up to modern times. Dattatreya's Brahmanical portrayal, as well as his even more archaic characterization as a Tantric antinomian figure, combines both Vaisnava Saiva motifs. Over the course of time, Dattatreya has come to embody the roles of the immortal guru, yogin and avatara in a paradigmatic manner. From the sixteenth century Dattatreya's glorious characterization emerged as the incarnation of the trimurti of Brahma, Visnu, and Siva. Although Maharashtra is the heartland of Dattatreya devotion, his presence is attested to throughout India and extends beyond the boundaries

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of Hinduism, being met with in Sufi circles and even in Buddhism and Jainism via Nathism. The scarce attention which most Western scholars of Indian religions have paid to this deity contrasts with its ubiquitousness and social permeability. Devotion to Dattatreya cuts through all social and religious strata of Indian society: among his adepts we find yogis, Brahmans, faqirs, Devi worshippers, untouchables, thieves, and prostitutes. This book explores all primary religious dimensions: myth, doctrine, ritual, philosophy, mysticism, and iconography. The comprehensive result offers a rich fresco of Hindu religion as well as an understanding of Marathi integrative spirituality: precisely this complexity of themes constitutes Dattatreya's uniqueness. "I learned a great deal from this book. Although I had known about Dattatreya as an important figure in Hinduism, I had never realized the richness and complexity of this truly Protean deity. As Rigopoulos notes, Dattatreya has been largely neglected by scholars, and this book makes you wonder why, since he is so intriguing. I suspect that this will become a classic in its area, since there really is no comparable work which does so much relating to Dattatreya. In a way, to read the history of Dattatreya as presented by Rigopoulos is to engage the history of Hinduism! Virtually all of the major historical phases and issues are there, from the Vedic period up to the last decade." -- Glen Hayes, Bloomfield College

### **Three Ways of Asian Wisdom**

A full exposition of the theory and practices of Yoga,

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the history of its forms and its role in the evolution of Indian spirituality

### **Yoga Sutras of Patanjali**

By way of a personal note, I can reveal to the reader that I was led to Sanskrit by an exposure to Indian philosophy while still a child. These early mystical interests gave way in the university to scholarly pursuits and, through reading the works of Franklin Edgerton, Louis Renou and Etienne Lamotte, I was introduced to the scientific study of the past, to philology and the academic study of an ancient literature. In this period I wrote a number of books on Sanskrit aesthetics, concentrating on the sophisticated Indian notions of suggestion. This work has culminated in a three-volume study of the Dhvanyaloka and the Dhvanyalokalocana, for the Harvard Oriental Series. Eventually I found that I wanted to broaden my concern with India, to learn what was at the universal core of my studies and what could be of interest to everyone. In reading Indian literature, I came across so many bizarre tales and ideas that seemed incomprehensible and removed from the concerns of everyday life that I became troubled. Vedantic ideas of the world as a dream, for example, to which I had been particularly partial, seemed grandiose and megalomaniac. I turned away with increasing scepticism from what I felt to be the hysterical outpourings of mystical and religious fanaticism.

### **Book of Lemmas**

## **The Weiser Concise Guide to Alchemy**

### **Yoga**

#### **Images and Symbols**

Making Sense of Tantric Buddhism fundamentally rethinks the nature of the transgressive theories and practices of the Buddhist Tantric traditions, challenging the notion that the Tantras were "marginal" or primitive and situating them instead—both ideologically and institutionally—within larger trends in mainstream Buddhist and Indian culture. Critically surveying prior scholarship, Wedemeyer exposes the fallacies of attributing Tantric transgression to either the passions of lusty monks, primitive tribal rites, or slavish imitation of Saiva traditions. Through comparative analysis of modern historical narratives—that depict Tantrism as a degenerate form of Buddhism, a primal religious undercurrent, or medieval ritualism—he likewise demonstrates these to be stock patterns in the European historical imagination. Through close analysis of primary sources, Wedemeyer reveals the lived world of Tantric Buddhism as largely continuous with the Indian religious mainstream and deploys contemporary methods of semiotic and structural analysis to make sense of its seemingly repellent and immoral injunctions. Innovative, semiological readings of the influential Guhyasamaja Tantra underscore the

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text's overriding concern with purity, pollution, and transcendent insight—issues shared by all Indic religions—and a large-scale, quantitative study of Tantric literature shows its radical antinomianism to be a highly managed ritual observance restricted to a sacerdotal elite. These insights into Tantric scripture and ritual clarify the continuities between South Asian Tantrism and broader currents in Indian religion, illustrating how thoroughly these "radical" communities were integrated into the intellectual, institutional, and social structures of South Asian Buddhism.

### **The Yoga S\_tra of Patañjali : Translations and Commentary**

An approach to music as an instrument of philosophical inquiry, seeking not so much a philosophy of music as a philosophy through music.

### **Patanjali and Yoga**

### **University of California Union Catalog of Monographs Cataloged by the Nine Campuses from 1963 Through 1967: Authors & titles**

### **Bengal Nights**

Vol. for 1965 includes retrospective data.

## **Asian Wisdom**

An introduction to the spiritual outlook, diet and general lifestyle of Ayurveda. The book includes diagnoses and recipes for treating basic problems and herbal cures for a range of ailments such as asthma, insomnia, sinusitis and others.

## **Two Strange Tales**

Sacred tourism - travel to sites known to have powerful earth energies or great religious, mystical or mythological significance - is increasingly popular. In this volume, Richard Leviton offers a guide to 50 visionary landmarks: their physical descriptions, history and archaeology, myths and legends, and reports of mystical experiences by actual travellers. Leviton also reveals a startling correlation between the energy structures of the sacred sites and the fundamental structures of human consciousness.

## **Making Sense of Tantric Buddhism**

andquot;No event in our world is real, my friend. Everything that occurs in this universe is illusory And in a world of appearances, in which no thing and no event has any permanence, any reality of its ownandmdash;whoever is master of certain forces can do anything he wishesandquot; So speaks a character in Two Strange Tales, a pair of novellas in which Westerners are caught up in the uncanny realm of Eastern religion and magic. In andquot;Nights at Serampore,andquot; three European scholars,

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traveling deep into the forests of Bengal, are inexplicably cast into another time and space where they witness the violent murder of a young Hindu wife. In andquot;The Secret of Dr.

Honingberger,andquot; a respectable Rumanian physician vanishes without a trace after experimenting with yogic techniques in his quest for the legendary invisible world called Shambhala. In Two Strange Tales, author Mircea Eliade combined yogic folklore with the literary genre of the supernatural suspense tale so as to reveal dimensions of experience that are inaccessible to other intellectual approaches. These well-crafted stories will appeal to both lovers of the supernatural and those fascinated by mysticism of the East.

### **Imagining Otherness**

### **Bollingen Foundation: a Report of Its Activities**

Mircea Eliade--one of the most renowned expositors of the psychology of religion, mythology, and magic--shows that myth and symbol constitute a mode of thought that not only came before that of discursive and logical reasoning, but is still an essential function of human consciousness. He describes and analyzes some of the most powerful and ubiquitous symbols that have ruled the mythological thinking of East and West in many times and at many levels of cultural development.

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**Yoga: Immortality and Freedom.  
Translated from the French by Willard R.  
Trask**

**Sir John Woodroffe, Tantra and Bengal**

**The Yoga Sutra of Patanjali**

**Ayurveda**

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