

Psicoaromaterapia Sciamanica

The World is a Prison
An Occult Physiology
Heal Your Wounds and Find Your True Self
Vacanze salute e benessere
Chakra Clearing
Healing with Essential Oils
The Essential Guide to Aromatherapy and Vibrational Healing
Big Chicken
Hydrosols
Fierce Medicine
Jung and Shamanism in Dialogue
Mount Analogue
Clinical Aromatherapy - E-Book
Aura Soma
The Dalai Lama's Cat and the Art of Purring
Listen to Your Body
The Scent of the Moon
Memories of Class
The Secret Life of Plants
Dimmi Di Smettere
Animall grande libro della guarigione
Reiki
The Essentials
Acupuncture
The Fragrant Mind
The Fragrant Pharmacy
Therapy in Music for Handicapped Children
Depositum Opera Omnia "Raccolta di insegnamenti esoterici e spirituali della Sagesse Universale"
Ethnopharmacologic Search for Psychoactive Drugs (Vol. 1 And 2)
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Jesus Christ the Bearer of the Water of Life
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The Secrets of the Hebrew Alphabet
A Catholic Priest Meets Sai Baba
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The Big Book of Cocktails
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The Way to God

The World is a Prison

An Occult Physiology

Kazimir, Svetlana and Anastasia are real characters. They live in a very remote part of the Siberian steppe. Kazimir is a white shaman with extraordinary power, a healer whose fame has reached as far as Kazakhstan, Mongolia and Moscow. Svetlana is a black shaman, able to travel through the underworld, the realm of the invisible, of ancestors, of dreams, of the soul, and take others with her, on extraordinary shamanic voyages. Anastasiya, Svetlana's niece, is one of the very few shamans in the world who masters the art of both white and black shamanism. By whoever knows her, or even just heard of her, she is considered a reincarnation of the Princess of Altay. Selene Calloni Williams and her son Michelangelo have met these three shamans by chance during one of their extraordinary research trips, while attempting to reach the burial site of the Princess of Altay. To gain the three shamans' trust, Selene and Michelangelo have visited them on several occasions since, even in winter when the steppe is freezes at minus 40 degrees. One day, Svetlana decided to entrust them with a "tale of power". A "tale of power" has the ability of communicating images containing new possibilities of thought and action. In this world everything is imagination and nothing which hasn't been imagined before can happen. For example, how could the first man have hunted the first mammoth, or the first tyrannosaurus have devoured the first velociraptor, if within instinct the image of hunt hadn't existed? In order for behaviour to exist there always must be a guiding image. These are the images which the ancients addressed as gods and which psychoanalysts define as archetypes: the original

forms of all experiences. Shamans are able to converse with gods. They are bards, storytellers, they know tales able to bring images into existence, create possibilities which were previously unexplored, and thus can solve otherwise insurmountable problems. These are not just any stories; they're "tales of power". This book tells the story of the passionate love which bonds a boy and a girl, an old man and an old woman, tells of eagles and underworlds, describes the "shamanic journey" and the triumph of love over fear and death. It is not just any story; it shares active secrets, treasures, like magic diamonds which enter the body between one page and the other, between an adventure and the other. This book can be read at the blink of an eye, the same blink with which the great spirit of the Black Eagle, the lord of the dead, will carry you down to the underworld, to then take you back, changed forever, to your life: it's magic, it's poetry.

Heal Your Wounds and Find Your True Self

Mahatma Gandhi became famous as the leader of the Indian independence movement, but he called himself "a man of God disguised as a politician." *The Way to God* demonstrates his enduring significance as a spiritual leader whose ideas offer insight and solace to seekers of every practice and persuasion. Collecting many of his most significant writings, the book explores the deep religious roots of Gandhi's worldly accomplishments and reveals—in his own words—his intellectual, moral, and spiritual approaches to the divine. First published in India in 1971, the book is based on Gandhi's lifetime experiments with truth and reveals the heart of his teachings. Gandhi's aphoristic power, his ability to sum up complex ideas in a few authoritative strokes, shines through these pages. Individual chapters cover such topics as moral discipline, spiritual practice, spiritual experience, and much more. Gandhi's guiding principles of selflessness, humility, service, active yet nonviolent resistance, and vegetarianism make his writings as timely today as when these writings first appeared. A foreword by Gandhi's grandson Arun and an introduction by Michael Nagler add useful context. From the Trade Paperback edition.

Vacanze salute e benessere

Chakra Clearing

The Fragrant Mind is written in an easy, accessible style for anyone who wishes to learn how essential oils can influence our minds and emotions and how to use aromatherapy to maintain a peaceful equilibrium or bring about positive change. Valerie Worwood's *The Complete Book of Essential Oils and Aromatherapy* (over 200,000 copies sold) has become the encyclopedia of essential oils and aromatherapy, earning itself the status of a popular household and reference classic. In this companion volume, Worwood concentrates on the emotional, psychological, and mood-changing effects of nature's oils.

Healing with Essential Oils

This book was written for those who have made a conscious decision to improve the quality of their lives and have decided to take control. The author provides the tools and the guidelines necessary for step by step personal development in every area of life. Based on the concept of Whole Mind Integration, the book is presented in five parts. Exercises at the end of each chapter provide the opportunity for guided practical application of the concepts presented.

The Essential Guide to Aromatherapy and Vibrational Healing

Described as one of the most holistic systems of medicine, essential oils can alleviate symptoms, prevent many illnesses and disorders, and help in the healing process.

Big Chicken

In this book Smith develops a creative and systematic dialogue between Shamanism and Jungian psychology drawing forth the clinical and spiritual implications of a soulful and heart-centered conception of health and care.

Hydrosols

Una Guida completa per Operatori Esoterici e Consulenti Olistici del Benessere Spirituale. Una grande raccolta sui principali insegnamenti della Saggezza Universale e sui più importanti temi dell'esistenza. Dizionario enciclopedico sull'Olismo Esoterico dalla A alla Z. Il primo Volume di insegnamenti sulla Spiritualità Universale in forma laica e ad orientamento razionalista. Una sintesi straordinaria su più di 500 voci tra: Filosofia, Storia, Esoterismo, Magia, Alchimia, Olismo, Spiritualità, Simbologia, ecc. Percorso di crescita personale, contenente tutti i più grandi Misteri della razza umana, dalla notte dei tempi ad oggi.

Fierce Medicine

"What makes you purr? Of all the questions in the world, this is the most important. . . . Because no matter whether you are a playful kitten or sedentary senior, whether you're a scrawny alley Tom, or sleek-coated uptown girl, whatever your circumstances you just want to be happy. Not the kind of happy that comes and goes like a can of flaked tuna, but an enduring happiness. The deep down happiness that makes you purr from the heart." His Holiness's cat is back—older, a bit wiser, and as curious as ever. In this book, the Dalai Lama sets for his lovable feline companion the task of investigating

The Art of Purring. Whether it's the humorous insights gained from a visiting Ivy League Psychology Professor, the extraordinary research of a world-famous biologist, or the life-changing revelations of a mystical yogi, His Holiness's Cat encounters a wealth of wisdom about happiness. And what she discovers changes the way she sees herself forever. With a much loved—and growing—cast of characters from the local community and His Holiness's residence, as well as encounters with intriguing strangers and celebrities from far and wide, The Dalai Lama's Cat and the Art of Purring will transport readers in another unforgettable story. Along the way they will come to understand how elements of contemporary science and Buddhism converge. And, once again, they will feel the warmth of compassion and nonattachment that radiate from the heart of the Dalai Lama's teachings about our quest for enduring happiness.

Jung and Shamanism in Dialogue

'The temple of Korean cosmetics' Vanity Fair This is the ultimate no-nonsense manual to daily Korean beauty care; in it you will find step-by-step morning and evening skincare routines, the best product advice and actionable tips on how to take care of your complexion. In this handbook, the experts in Korean cosmetics will also teach you how to use everyday beauty products, describe the natural ingredients that will best suit your skin type and give you advice on tried-and-tested Korean skincare regimes to make your skin glow. The Korean Skincare Bible will help you to feel truly confident in your own skin. Chapters: The history of Korean beauty The importance of caring for your skin Korean beauty products The Korean beauty routine Natural ingredients in Korean beauty Natural beauty K-beauty do's and don'ts Korean beauty trends Korean skincare answers Korean skincare tips for men Korean beauty travel tips

Mount Analogue

Clinical Aromatherapy - E-Book

8 lectures, Prague, March 20-28, 1911 (CW 128) Given the upsurge of interest in complementary therapies and treatments, medical researchers are gradually being pressured to reassess and expand their knowledge of the structure and organization of the whole human body. Despite advances in modern technology, there are vast areas of human physiological activity that remain undetectable to conventional scientific observation. Those processes, according to Rudolf Steiner, are related to spiritual forces and beings. In these revealing lectures, Steiner concentrates on the relationship between those forces and the human physical organs. In particular, he discusses the organs that make up our digestive and respiratory systems; the significance of "warmth" in the function of the blood and its effects on the I, or Ego; and the evolutionary process implicit in the formation of the spinal column and brain. He deals with all of this in a scientific way that

will appeal equally to doctors and therapists, as well as students of Steiner's spiritual science. These talks--long out of print--are also remarkably accessible to the general reader. CONTENTS 1. The Being of Man 2. Human Duality 3. Co-operation in the Human Duality 4. Man's Inner Cosmic System 5. The Systems of Supersensible Forces 6. The Blood as Manifestation and Instrument of the Human Ego 7. The Conscious Life of Man 8. The Human Form and it's Co-ordination of Forces An Occult Physiology is a translation from German of Eine okkulte Physiologie (GA 128).

Aura Soma

The world of plants and its relation to mankind as revealed by the latest scientific discoveries. "Plenty of hard facts and astounding scientific and practical lore."--Newsweek

The Dalai Lama's Cat and the Art of Purring

New to Young Living and Essential Oils? The Essentials is your guidebook to changing your life and diving into the Young Living lifestyle. With information about products in your starter kit, supplements that EVERYONE can benefit from, how to get the best deals with Essential Rewards, and products to transform your home into a healthy and safe environment. Don't wait - dive in and live inspired!

Listen to Your Body

The Scent of the Moon

With 439 excerpts from the writings of C.G. Jung. "This excursion is intended to supplement the main literature on the anima. Since that literature provides a goodly phenomenology of the experience of anima, I shall look here more closely at the rather neglected phenomenology of the notion of anima. Experience and notion affect each other reciprocally. Not only do we derive our notions out of our experiences in accordance with the fantasy of empiricism, but also our notions condition the nature of our experiences." (James Hillman)

Memories of Class

A discussion of the mechanism of class formation and institutionalisation of class conflict. It traces the formation of a class society back to the patterns of 'surveillance power' and control, and shows how these patterns preceded and made possible

the industrial system.

The Secret Life of Plants

A cocktail is a drink obtained by a proportionate and balanced mixture of different alcoholic ingredients, no alcohol and aromas. A well-executed cocktails must have structure, flavor and color balanced; if you performed without the use of alcohol component is called non-alcoholic cocktail. The cocktail may present inside the cup of the ice, not present at all (as some cocktails winter such as grog), or it can be only cooled with ice. A particular class of cocktails is constituted by the shot, small cocktail that may have all the characteristics of a normal and cocktails are served in two types of glasses, the shot and bite. To prevent the abuse of both fictitious names of cocktails is unauthorized modifications to cocktails known, the International Bartenders Association (IBA) has codified 60 to which each year are added or eliminated other cocktails. The International Bartenders Association, founded on Feb. 24, 1951 in the Saloon of the Grand Hotel in Torquay, United Kingdom, is an organization of barman. The organization is also in charge of drawing up the list of IBA Official Cocktail. November 25, 2011 was the official new list of cocktails IBA which at the moment are 77, divided into three categories: • Contemporary Classics. • The Unforgettables. • New Era Drinks. In addition to the list of 77 cocktails made official on Nov. 25, 2011 by IBA, there are a myriad of other cocktails that still deserve to be mentioned for both their previous membership in the above list, it is because they have been served in all the bars in the world; mention, just as an example: Gibson, Czarina, Alaska, Grand Slam, Old pal, Gin and french, Bronx.

Dimmi Di Smettere

Anima

Enhance patient care with the help of aromatherapy! Clinical Aromatherapy: Essential Oils in Healthcare is the first and only peer-reviewed clinical aromatherapy book in the world and features a foreword by Dr. Oz. Each chapter is written by a PhD nurse with post-doctoral training in research and then peer reviewed by named experts in their field. This clinical text is the must-have resource for learning how to effectively incorporate aromatherapy into clinical practice. This new third edition takes a holistic approach as it examines key facts and topical issues in aromatherapy practice and applies them within a variety of contexts and conditions. This edition also features updated information on aromatherapy treatments, aromatherapy organizations, essential oil providers, and more to ensure you are fully equipped to provide patients with the best complementary therapy available. Expert peer-reviewed information spans the entire book. All chapters have been written by a PhD nurse with post-doctoral training in research and then peer reviewed by named experts in their field.

Introduction to the principles and practice of aromatherapy covers contraindications, toxicity, safe applications, and more. Descriptions of real-world applications illustrate how aromatherapy works in various clinical specialties. Coverage of aromatherapy in psychiatric nursing provides important information on depression, psychosis, bipolar, compulsive addictive, addiction and withdrawal. In-depth clinical section deals with the management of common problems, such as infection and pain, that may frequently be encountered on the job. Examples of specific oils in specific treatments helps readers directly apply book content to everyday practice. Evidence-based content draws from thousands of references. NEW! First and only totally peer-reviewed, evidence-based, clinical aromatherapy book in the world. NEW Chapter on integrative Healthcare documenting how clinical aromatherapy has been integrated into hospitals and healthcare in USA, UK and elsewhere. NEW Chapter on the M Technique: the highly successful method of gentle structured touch pioneered by Jane Buckle that is used in hospitals worldwide. All chapters updated with substantial additional references and tables.

Il grande libro della guarigione Reiki

In June of 2017, an international group of specialists in ethnopharmacology, chemistry, botany, psychology, and anthropology met to discuss their findings of the last fifty years and assess the potential future for investigations into traditional plant-based medicines. The Ethnopharmacologic Search for Psychoactive Drugs is the defining scholarly publication on both past and current research with psychotropic plant substances for medicinal, therapeutic, and spiritual uses.

The Essentials

"Americans eat chicken more than any other meat. But our nation's favorite food comes with an invisible cost: its insidious effect on our health. In this extraordinary narrative, acclaimed journalist Maryn McKenna reveals how antibiotic use has altered the way we consume industrially raised meat, and its impact on our daily lives. Drawing on decades of research, as well as interviews with entrepreneurs, epidemiologists, and other specialists, McKenna spins an astonishing story of science gone wrong. In the middle of the last century, antibiotics fueled the rapid rise of chicken from local delicacy to everyday protein source. But with that spectacular growth came great risk. As resistance to new wonder drugs crept into the farming process, bacterial outbreaks became harder to treat. And the consequences-to agriculture, to human health, and to modern medicine-were devastating. Beginning with the push to make chicken the affordable entrée of choice and tracing its evolution to a global commodity and carrier of foodborne illness, McKenna shines a light on the hidden forces of industrialization, the repercussions of runaway antibiotic use, and the outcome for future generations. Taking readers from the first poultry farms on the Delmarva Peninsula to the little-known lab where the chicken nugget was invented and into today's factory farms, McKenna reveals that the history of chicken is as much about economics, politics, and culture as it is

about what we eat. In these vivid pages, she gives voice to a vanguard of farmers, chefs, and activists who are seeking to return poultry to an honored place at the table—and are changing the way we think about food. Incisive and beautifully written, *Big Chicken* is a cautionary tale of an industry that lost its way—and shows us the way back to healthier eating"—Back cover.

Acupuncture

In *Fierce Medicine*, Ana Forrest, charismatic teacher and founder of Forrest Yoga, combines physical practice, eastern wisdom, and profound Native American ceremony to help heal everything from addictive behaviors and eating disorders to chronic pain and injury. *Fierce Medicine* is also part memoir, detailing Ana Forrest's journey to move beyond her past as she helps others to do the same. Filled with helpful yoga exercises, *Fierce Medicine* teaches us to reconnect with our bodies, cultivate balance, and start living in harmony with our Spirits.

The Fragrant Mind

The Fragrant Pharmacy

Improve your life and enhance your healing practice with *The Essential Guide to Aromatherapy and Vibrational Healing*, an A-to-Z guide to sixty essential oils and their corresponding vibrational elements. Renowned author Margaret Ann Lembo shows you how to achieve physical, spiritual, and emotional balance using a variety of vibrational tools, including: Flower Essences Gemstone Essences Chakras Divine Messengers Zodiac Signs Planets Colors Numbers Animals Holy Water Discover how different oils can be combined with the power of intention to create and maintain positive change in your life. Learn how aroma-energetic practices support your journey to self-awareness and well-being. Outlining detailed information on all sixty essential oils—from therapeutic properties and fragrances to complementary essences and interesting tidbits—this comprehensive book provides everything you need to heal, transform, and evolve on every level. Praise: "[This] is absolutely the best book I've read on the topic. It's all here—and more."—Cyndi Dale, author of *The Complete Book of Chakra Healing* "An off-the-charts, must-have resource to have in your home. With such clean style and grace, she reviews the history, the mystical, and all practical applications of essential oilsAMAZING!"—Joan Ranquet, author of *Energy Healing for Animals*

Therapy in Music for Handicapped Children

A collection of short essays from 17 very well-known authors who have a solid scientific background or renown within their ancestral traditions. What they have in common is that each one, within their discipline, is aiming to use water's molecular structure and memory to improve our world. This book is connected to a worldwide movement which is going to organize at least four significant worldwide events during 2015 and 2016. The essayists themselves are part of this movement and readers can join too. They will experiment, for instance, with using intention to lower the radioactivity level of Fukushima's water. It is a very young movement but one that has already generated much interest."

Depositum Opera Omnia "Raccolta di insegnamenti esoterici e spirituali della Saggazza Universale"

Aura Soma: Healing Through Color, Plant, and Crystal Energy, is a natural healing system using multicolored oils containing plant extracts and essences to promote self-healing on a physical, mental or spiritual level. This book explains the over 94 mesmerizing bottles of colored oils and tells how people have discovered their remarkable healing powers, each color variation of oil having its own therapeutic effects. This wonderful method of vibrational healing was originated by a blind woman, Vicky Wall, in the '80s, and her message is carried on here by her loving students, Irene Dalichow and Mike Booth. Aura Soma is a holistic, nonintrusive therapy that not only treats physical and emotional symptoms, but which also revitalizes the human aura. The demand for Aura Soma oils is increasing phenomenally, with interest growing worldwide.

Ethnopharmacologic Search for Psychoactive Drugs (Vol. 1 And 2)

In this novel/allegory the narrator/author sets sail in the yacht Impossible to search for Mount Analogue, the geographically located, albeit hidden, peak that reaches inexorably toward heaven.

Water for Unity

In this empowering book, Lise Bourbeau demonstrates that all problems, whether physical, emotional or mental, stem from five significant wounds: rejection, abandonment, humiliation, betrayal and injustice. The book contains detailed descriptions of these wounds and the masks we've developed to hide them. With this information, you will learn to identify the causes of specific problems in your life, and begin the path towards complete healing and discovering your true self.

Jesus Christ the Bearer of the Water of Life

The author's tale of being arrested in Rome on May 3, 1944, and of the following thirty-three days of beatings,

interrogations, and transfers from one prison to the next, is one of "survival and growth, an account of his experiences and a meditation on their meaning for himself, for his compatriots, and for an entire country."--Cover.

Ayurveda

When you clear away negative energy residues from fear and worry, your natural spiritual power awakens. This innate power allows you to know the future; freely communicate with God and the angels; and heal yourself, others, and the planet. In Chakra Clearing, Doreen Virtue guides you through meditations and visualizations to clear your chakras, which activates your inborn healing and psychic abilities. Enclosed you'll also find a download link for meditative audio that complements the material in the book. The audio starts with a morning meditation designed to begin your day with a bright, positive energy frequency and surround you with healing light. The relaxing evening meditation that follows clears away energy that you may have absorbed during the day, and invites angels to enter your dreams and give you divine messages.

The Secrets of the Hebrew Alphabet

La psicoaromaterapia sciamanica utilizza gli oli essenziali per accedere all'inconscio portando il ricercatore verso una realtà non ordinaria, luogo di incontro del vero sé. Si tratta di un vero e proprio rituale sciamanico che consente di aprire le porte dell'anima. In questo libro l'autore conduce sulla via sciamanica del profumo, descrivendo la relazione tra essenza e anima, tra aromaterapia e sciamanesimo, con l'intento di mostrare al lettore la via della consapevolezza e della guarigione. È possibile ascoltare il silenzio, affrontare le paure più profonde e trasformarle in energia creatrice. Le essenze sciamaniche qui descritte saranno nobili guide per sondare i territori dove si esprime la persona: il potere personale, il processo di guarigione, la creatività, il successo, la relazione con l'altro e con l'ambiente, le varie fasi della vita fino all'ultimo misterioso viaggio terreno. Il ricercatore audace sarà affascinato dalla sintesi di semplicità e complessità che racchiude in sé questo percorso con il profumo. Se si lascerà permeare, potrà sperimentare ricette suggestive sapientemente orchestrate, corredate di tecniche e strumenti per perlustrare creativamente e responsabilmente il mondo del proprio inconscio.

A Catholic Priest Meets Sai Baba

The Thought of the Heart

This is the first comprehensive analysis of the belief structure and historical background of the New Age Movement. "New Age Religion" emerges as a thoroughly secularized form of western-esoteric traditions which can be traced back to the

period of the Renaissance.

The Big Book of Cocktails

• The first book devoted exclusively to aromatic hydrosols--gentle, water-based plant extracts that expand the healing, cosmetic, and culinary applications of aromatherapy. • The newest development in the field of aromatherapy. • The homeopathic form of aromatic treatment that is the perfect complement to other forms of vibrational medicine. • A comprehensive reference with more than 100 recipes and formulas for using hydrosols as well as sources of supply. • With an introduction by Kurt Schnaubelt, author of Advanced Aromatherapy and Medical Aromatherapy. Hydrosols is one of the most anticipated books in the world of holistic health because it introduces a revolutionary new use of essential oils in aromatic treatment. Hydrosols, or hydrolates, are the pure, water-based solutions created when essential oils are steam distilled. Through this process, a potent, yet subtle form of medicine is created, one that is able to be ingested as well as applied directly to the skin, unlike most pure essential oils. In fact, hydrosols are considered the homeopathic version of aromatherapy, and as such are ideal for use with children, animals, and those with fragile immune systems. Suzanne Catty details the specifics of 67 hydrosols, provides formulas to treat more than 50 health concerns, and offers 40 delicious recipes in which hydrosols can be used. Her section on pets will help owners deal with urinary tract and digestive problems as well as grooming and odor issues. She also shows how hydrosols can be used with other forms of vibrational medicine and with feng shui, geomancy, and dowsing.

The Korean Skincare Bible

Through his decades-long experience as a practitioner, Dr. Jean-Marc Kespi has returned to the ancient roots of acupuncture and developed an approach to choosing the best points for a given situation. Traditional symbolism, as reflected in the names of points and descriptions of physiological processes, can offer clues to correlating the rules of medicine and the manifestations of health or illness in the human body. Dr. Kespi's approach utilizes this theoretical base, and proceeds from symbol to a specific diagnosis and therapeutic action, and onto the insertion of a needle in a precise point on the body. In this manner he shows the practitioner how to see beyond the symptoms and address the whole person, thereby providing more effective treatments. With keen insight into the meanings of individual points, Dr. Kespi typically uses only one to three needles to treat the disequilibrium found at the root level. In addition to laying out his ideas on the foundations of acupuncture, Dr. Kespi shares his wide experience in this book through over 100 case studies, which give the reader the opportunity to see the clinical efficacy of this method.

Psicoaromaterapia sciamanica

New Age Religion and Western Culture

The Way to God

Forced by cancer to reexamine and redirect her life Maya Tiwari left a highly successful New York design career and returned to her native India to study Ayurvedic medicine. Her book a profound but practical testament to the healing power of balanced living shows how Ayurveda`s ancient principles of health can help you achieve the highest levels of physical emotional and spiritual well being. The traditional form of medicine in India for more than five thousand years Ayurveda relies primarily on the proper use of foods and herbs to maintain or restore the body`s natural state of balance. While Ayurvedic healing has in recent years become increasingly well known in the west Maya Tiwari is the first author to provide us with a comprehensive working guide to ayurveda as a way of life.

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