

## The Souls Upward Yearning Clues To Our Transcendent

Five Pillars of the Spiritual Life  
The City of Ember  
Beyond Good and Evil  
The Book Thief  
The Light Shines on in the Darkness  
Finding True Happiness  
The Coffee Lover's Diet  
Soulcraft  
My Antonia  
Three Views on Creation and Evolution  
I Burned for Your Peace  
Bartleby, the Scrivener. A Story of Wall-Street  
The Psychosocial Implications of Disney Movies  
Ten Universal Principles  
Unbroken  
The Soul's Upward Yearning  
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Descartes' Error  
New Proofs for the Existence of God  
Transforming Gender and Emotion  
The Story of My Life  
The Dream of Eugene Aram, the Murderer

### Five Pillars of the Spiritual Life

For Christians, the issues raised by the different views on creation and evolution are challenging. Can a "young earth" be reconciled with a universe that appears to be billions of years old? Does scientific evidence point to a God who designed the universe and life in all its complexity? Three Views on Creation and Evolution deals with these and similar concerns as it looks at three dominant schools of Christian thought. Proponents of young earth creationism, old earth creationism, and theistic evolution each present their different views, tell why the controversy is important, and describe the interplay between their understandings of science and theology. Each view is critiqued by various scholars, and the entire discussion is summarized by Phillip E. Johnson and Richard H. Bube. The Counterpoints series provides a forum for comparison and critique of different views on issues important to Christians. Counterpoints books address two categories: Church Life and Bible and Theology. Complete your library with other books in the Counterpoints series.

### The City of Ember

The autobiography of Helen Keller, who lost both sight and hearing by illness at nineteen months, and became a famous author and lecturer.

### Beyond Good and Evil

## **The Book Thief**

Responding to contemporary popular atheism, Robert J. Spitzer's *New Proofs for the Existence of God* examines the considerable evidence for God and creation that has come to light from physics and philosophy during the last forty years. An expert in diverse areas, including theology, physics, metaphysics, and ethics, Spitzer offers in this text the most contemporary, complete, and integrated approach to rational theism currently available. "Skepticism about the possibility of proving the existence of God often relies on data from modern science. In this splendid new book Father Robert Spitzer explores the implications of the latest discoveries in big bang cosmology, string theory, quantum physics, and the ontology of time to craft a series of convincing philosophical arguments. To paraphrase a popular commercial, this is not your father's old 'natural theology' textbook - it's a gripping and compelling account of the best current arguments for theism." - Joseph W. Koterski, S.J., Foidham University "A most original and insightful case for the existence of God. Fr. Spitzer's new proofs pose a serious and compelling challenge to the unconscious hegemony of naturalism in the worlds of both philosophy and the sciences." - Francis J. Beckwith, Baylor University "Rare is the theologian who keeps abreast of the latest developments in fundamental physics, and even rarer the one who can discuss them with the theological and philosophical sophistication that Fr. Spitzer displays in this book. A challenging and original work." - Stephen M. Barr, University of Delaware, author of *Modern Physics and Ancient Faith*

## **The Light Shines on in the Darkness**

This is the story of LSD told by a concerned yet hopeful father, organic chemist Albert Hofmann. He traces LSD's path from a promising psychiatric research medicine to a recreational drug sparking hysteria and prohibition. We follow Dr. Hofmann's trek across Mexico to discover sacred plants related to LSD, and listen in as he corresponds with other notable figures about his remarkable discovery. Underlying it all is Dr. Hofmann's powerful conclusion that mystical experience may be our planet's best hope for survival. Whether induced by LSD, meditation, or arising spontaneously, such experiences help us to comprehend the wonder, the mystery of the divine in the microcosm of the atom, in the macrocosm of the spiral nebula, in the seeds of plants, in the body and soul of people. Now, more than sixty years after the birth of Albert Hofmann's problem child, his vision of its true potential is more relevant, and more needed, than ever.

## **Finding True Happiness**

Sometimes fear of the dark can keep you alive. Grey and Koda have a lead on the supplier of Redrum X--a new strain of the deadly drug that creates UV resistant vampires. Preventing the streets of New York City from being flooded with the mindless creatures was only the first step. Each night as darkness falls, body counts rise. Someone or something has made

nights in the city fatal. Grey must find who or what is doing the killing and stop them. He only has one clue. Rumors of a Mr. Dark are being whispered in the streets. Is this Mr. Dark responsible for the deaths? Now together with Koda, Grey will enter a world no Night Warden has encountered. A world of darkness no one has escaped. Can a dark mage wielding a darker blade bring light to save others?

### **The Coffee Lover's Diet**

According to Wikipedia: "Bartleby, the Scrivener: A Story of Wall Street is a novella by the American novelist Herman Melville (1819–1891). It first appeared anonymously in two parts in the November and December 1853 editions of Putnam's Magazine, and was reprinted with minor textual alterations in his *The Piazza Tales* in 1856. Herman Melville wrote the story as an emotional response to the fact that *Pierre* was published to bad reviews. Christopher Sten writes in "Bartleby, the Transcendentalist: Melville's Dead Letter to Emerson" Melville found inspiration in Ralph Waldo Emerson's essays, particularly "The Transcendentalist" which shows parallels to "Bartleby". Bartleby is a kind of clerk, a copyist, "who obstinately refuses to go on doing the sort of writing demanded of him." During the spring of 1851, Melville felt similarly about his work on *Moby Dick*. Thus, Bartleby can be seen to represent Melville's frustration with his own situation as a writer, and the story itself is "about a writer that forsakes conventional modes because of an irresistible preoccupation with the most baffling philosophical questions. Though no great success at the time of publication, "Bartleby the Scrivener" is now among the most noted of American short stories."

### **Soulcraft**

A stunning debut novel about love and forgiveness, about the violence of memory and the equal violence of its loss—from O. Henry Prize-winning author Emily Ruskovich. Finalist for the New York Public Library's Young Lions Fiction Award. Ann and Wade have carved out a life for themselves from a rugged landscape in northern Idaho, where they are bound together by more than love. With her husband's memory fading, Ann attempts to piece together the truth of what happened to Wade's first wife, Jenny, and to their daughters. In a story written in exquisite prose and told from multiple perspectives—including Ann, Wade, and Jenny, now in prison—we gradually learn of the mysterious and shocking act that fractured Wade and Jenny's lives, of the love and compassion that brought Ann and Wade together, and of the memories that reverberate through the lives of every character in Idaho. In a wild emotional and physical landscape, Wade's past becomes the center of Ann's imagination, as Ann becomes determined to understand the family she never knew—and to take responsibility for them, reassembling their lives, and her own. Praise for Idaho "You know you're in masterly hands here. [Emily] Ruskovich's language is itself a consolation, as she subtly posits the troubling thought that only decency can save us. . . . Ruskovich's novel will remind many readers of the great Idaho novel, Marilynne Robinson's *Housekeeping*. . . . [A] wrenching and

beautiful book.”—The New York Times Book Review “Sensuous, exquisitely crafted.”—The Wall Street Journal “The first thing you should know about Idaho, the shatteringly original debut by O. Henry Prize winner Emily Ruskovich, is that it upturns everything you think you know about story. . . . You could read Idaho just for the sheer beauty of the prose, the expert way Ruskovich makes everything strange and yet absolutely familiar.”—San Francisco Chronicle “Mesmerizing . . . [an] eerie story about what the heart is capable of fathoming and what the hand is capable of executing.”—Marie Claire “Idaho is a wonderful debut. Ruskovich knows how to build a page-turner from the opening paragraph.”—Ft. WorthStar-Telegram “Ruskovich’s debut is haunting, a portrait of an unusual family and a state that becomes a foreboding figure in her vivid depiction.”—The Huffington Post

### **My Antonia**

Many organizations have invested in the skills and structures of change, but have forgotten the more intangible quality of spirit. As a result, their changes have been short-lived, their adaptability slow, and their ability to move to the "next level" nonexistent. The absence of spirit (even with all the right skills and structures) has prevented these organizations from developing a self-motivated desire to change for the common good. Indeed, the absence of spirit has led to abject resistance to change.

### **Three Views on Creation and Evolution**

Purchase one of 1st World Library's Classic Books and help support our free internet library of downloadable eBooks. 1st World Library-Literary Society is a non-profit educational organization. Visit us online at [www.1stWorldLibrary.ORG](http://www.1stWorldLibrary.ORG) - 1. The Will to Truth, which is to tempt us to many a hazardous enterprise, the famous Truthfulness of which all philosophers have hitherto spoken with respect, what questions has this Will to Truth not laid before us! What strange, perplexing, questionable questions! It is already a long story; yet it seems as if it were hardly commenced. Is it any wonder if we at last grow distrustful, lose patience, and turn impatiently away? That this Sphinx teaches us at last to ask questions ourselves? WHO is it really that puts questions to us here? WHAT really is this "Will to Truth" in us? In fact we made a long halt at the question as to the origin of this Will - until at last we came to an absolute standstill before a yet more fundamental question. We inquired about the VALUE of this Will. Granted that we want the truth: WHY NOT RATHER untruth? And uncertainty? Even ignorance? The problem of the value of truth presented itself before us - or was it we who presented ourselves before the problem? Which of us is the Oedipus here? Which the Sphinx? It would seem to be a rendezvous of questions and notes of interrogation. And could it be believed that it at last seems to us as if the problem had never been propounded before, as if we were the first to discern it, get a sight of it, and RISK RAISING it? For there is risk in raising it, perhaps there is no greater risk.

## **I Burned for Your Peace**

Why would an all-loving God allow suffering? Are not suffering and love opposed to one another? Does suffering have any meaning or benefit? Is there any objective evidence for God, for a soul that will survive bodily death, for the resurrection of Jesus? Who is God anyway – benevolent and loving, or angry and retributive? Fr. Robert Spitzer, S.J., gives a comprehensive response to these questions and many others, explaining the contemporary evidence for God, the soul, and the resurrection. He discusses how God uses suffering to lead us to compassion for others and eternal life. He also shows how the Holy Spirit guides us through times of suffering toward our salvation, explaining the signs and the interior movements that reveal the Spirit's actions. Fr. Spitzer not only addresses the perplexing questions associated with suffering but teaches us how to suffer well. He points out some of the most common mistakes people make when trying to interpret God's motives for allowing or alleviating suffering. He demonstrates why suffering – in combination with love – is one of the most powerful motivating agents for personal, cultural, and societal development.

## **Bartleby, the Scrivener. A Story of Wall-Street**

## **The Psychosocial Implications of Disney Movies**

Relates the story of a U.S. airman who survived when his bomber crashed into the sea during World War II, spent forty-seven days adrift in the ocean before being rescued by the Japanese Navy, and was held as a prisoner until the end of the war.

## **Ten Universal Principles**

Johannes Climacus is a novel, as well as a work of philosophy, which tells the tale of what befalls young Johannes Climacus as he decides to become a philosopher. At first he is in awe of the great thinkers, especially Hegel and Hegelians, and sets out to follow their philosophical example by exploring the maxim "Everything must be doubted." The more he examines this idea, however, the more he realizes how deluded his philosophical heroes are. Johannes Climacus demonstrates that philosophy can be humorous and entertaining as well as conceptually rigorous. Born in 1813, Søren Kierkegaard was a Danish Christian thinker who was a forerunner of existentialism—he concerned himself with the utter isolation of the individual and the mysterious uncertainty of existence. His best known works include *Fear and Trembling* and *Concluding Unscientific Postscript*. Kierkegaard died in 1855.

## Unbroken

In this volume the brilliant Fr. Spitzer probes in detail the major question that if an intelligent Creator God – manifest in logical proofs, scientific evidence, and near death experiences - who is the source of our desire for the sacred, and the transcendental desires for truth, love, goodness, and beauty, would want to reveal himself to us personally and ultimately. He then shows this is reasonable not only in light of our interior experience of a transcendent Reality, but also that a completely intelligent Reality is completely positive--implying its possession of a completely positive virtue – namely "love", defined as agape. This leads to the question whether God might be unconditionally loving, and if he is, whether he would want to make a personal appearance to us in a perfect act of empathy – face to face. After examining the rational evidence for this, he reviews all world religions to see if there is one that reveals such a God – an unconditionally loving God who would want to be with us in perfect empathy. This leads us to the extraordinary claim of Jesus Christ who taught that God is "Abba", the unconditionally loving Father. Jesus' claims go further, saying that He is also unconditional love, and that his mission is to give us that love through an act of complete self-sacrifice. He also claims to be the exclusive Son of the Father, sent by God to save the world, and the one who possesses divine power and authority. The rest of the book does an in-depth examination of the evidence for Jesus' unconditional love of sinners, his teachings, his miracles, and his rising from the dead. As well as the evidence for Jesus' gift of the Holy Spirit that enabled his disciples to perform miracles in his name, and evidence for the presence of the Holy Spirit today. If this strong evidence convinces us to believe that Jesus is our ultimate meaning and destiny, and desire His saving presence in our lives, that evidence should galvanize the Holy Spirit within us to show that Jesus is Lord and Savior, "the way, the truth, and the life." And our faith in him will transform everything we think about our nature, dignity, and destiny– and how we live, endure suffering, contend with evil, and treat our neighbor.

## The Soul's Upward Yearning

Which sort of seducer could you be? Siren? Rake? Cold Coquette? Star? Comedian? Charismatic? Or Saint? This book will show you which. Charm, persuasion, the ability to create illusions: these are some of the many dazzling gifts of the Seducer, the compelling figure who is able to manipulate, mislead and give pleasure all at once. When raised to the level of art, seduction, an indirect and subtle form of power, has toppled empires, won elections and enslaved great minds. In this beautiful, sensually designed book, Greene unearths the two sides of seduction: the characters and the process. Discover who you, or your pursuer, most resembles. Learn, too, the pitfalls of the anti-Seducer. Immerse yourself in the twenty-four manoeuvres and strategies of the seductive process, the ritual by which a seducer gains mastery over their target. Understand how to 'Choose the Right Victim', 'Appear to Be an Object of Desire' and 'Confuse Desire and Reality'. In addition, Greene provides instruction on how to identify victims by type. Each fascinating character and each cunning tactic

demonstrates a fundamental truth about who we are, and the targets we've become - or hope to win over. The Art of Seduction is an indispensable primer on the essence of one of history's greatest weapons and the ultimate power trip. From the internationally bestselling author of The 48 Laws of Power, Mastery, and The 33 Strategies Of War.

### **Heart of Darkness**

In this volume of 15 articles, contributors from a wide range of disciplines present their analyses of Disney movies and Disney music, which are mainstays of popular culture. The power of the Disney brand has heightened the need for academics to question whether Disney's films and music function as a tool of the Western elite that shapes the views of those less empowered. Given its global reach, how the Walt Disney Company handles the role of race, gender, and sexuality in social structural inequality merits serious reflection according to a number of the articles in the volume. On the other hand, other authors argue that Disney productions can help individuals cope with difficult situations or embrace progressive thinking. The different approaches to the assessment of Disney films as cultural artifacts also vary according to the theoretical perspectives guiding the interpretation of both overt and latent symbolic meaning in the movies. The authors of the 15 articles encourage readers to engage with the material, showcasing a variety of views about the good, the bad, and the best way forward.

### **Shadowstrut-A Night Warden Novel**

My Antonia is a novel by an American writer Willa Cather. It is the final book of the "prairie trilogy" of novels, preceded by O Pioneers! and The Song of the Lark. The novel tells the stories of an orphaned boy from Virginia, Jim Burden, and Antonia Shimerda, the daughter of Bohemian immigrants. They are both became pioneers and settled in Nebraska in the end of the 19th century. The first year in the very new place leaves strong impressions in both children, affecting them lifelong. The narrator and the main character of the novel My Antonia, Jim grows up in Black Hawk, Nebraska from age 10 Eventually, he becomes a successful lawyer and moves to New York City.

### **Finding True Happiness**

A cloth bag containing eight copies of the title.

### **Healing the Culture**

Fr. Spitzer, President of Gonzaga University and a highly regarded spiritual teacher and writer, presents a practical, yet rich

guide for helping busy people develop a regular and deeper prayer life. Based on many successful retreats and seminars he has given to much acclaim over the years, this brilliant Jesuit priest presents five essential means through which the contemplative and active aspects of our lives can be fused together for a stronger spiritual life.

### **God So Loved the World**

The noonday devil is the demon of acedia, the vice also known as sloth. The word “sloth”, however, can be misleading, for acedia is not laziness; in fact it can manifest as busyness or activism. Rather, acedia is a gloomy combination of weariness, sadness, and a lack of purposefulness. It robs a person of his capacity for joy and leaves him feeling empty, or void of meaning. Abbot Nault says that acedia is the most oppressive of demons. Although its name harkens back to antiquity and the Middle Ages, and seems to have been largely forgotten, acedia is experienced by countless modern people who describe their condition as depression, melancholy, burn-out, or even mid-life crisis. He begins his study of acedia by tracing the wisdom of the Church on the subject from the Desert Fathers to Saint Thomas Aquinas. He shows how acedia afflicts persons in all states of life—priests, religious, and married or single laymen. He details not only the symptoms and effects of acedia, but also remedies for it.

### **Hints to Young Students of Occultism**

Since the early twentieth century, scientific materialism has so undermined our belief in the human capacity for transcendence that many people find it difficult to believe in God and the human soul. The materialist perspective has not only cast its spell on the natural sciences, psychology, philosophy, and literature, it has also enthralled popular culture, which offers very little to encourage the "soul's upward yearning". There are many signs of the widespread loss of confidence in our ability to soar upward, and these have been noted by thinkers as diverse as Carl Jung (psychiatrist), Mircea Eliade (historian of religion), Gabriel Marcel (philosopher), and authors C.S. Lewis and J.R.R. Tolkien. Their observations were validated by a 2004 study published in the *American Journal of Psychiatry* that linked the absence of religion with a marked increase in suicide, meaninglessness, substance abuse, separation from family members, and other psychological problems. Thus, the loss of transcendence is negatively affecting an entire society. It is stealing from countless individuals their sense of happiness, dignity, ideals, virtues, and destiny. Ironically, the evidence for transcendence is greater today than in any other period in history. The problem is, this evidence has not been compiled and made widely available—a challenge Father Spitzer aspires to meet with this book. Father Spitzer's work provides a bright light in the midst of the darkness by presenting traditional and contemporary evidence for God and a transphysical soul from several major sources. It shows that we are transcendent beings with souls capable of surviving bodily death; that we are self-reflective beings aware of and able to strive toward perfect truth, love, goodness, and beauty; that we have the

dignity of being created in the very image of God. If we underestimate these truths, we undervalue one another, underlive our lives, and underachieve our destiny.

### **When Breath Becomes Air**

Popular author and philosopher Peter Kreeft delves into one of the most beloved Christian classics of all time--Augustine's Confessions. He collects key passages and offers incisive commentary, making Confessions accessible to any reader who is both intellectually curious and spiritually hungry. The Confessions is a dramatic personal narrative of a soul choosing between eternal life and death, an exploration of the timeless questions great minds have been asking for millennia, and a prayer of praise and thanksgiving to God. I Burned for Your Peace is not a scholarly work but an unpacking of the riches found in Augustine's text. It is existential, personal, and devotional, as well as warm, witty, and thought-provoking. With Kreeft to guide them, readers of the Confessions can overhear and understand the intimate conversation between a towering intellect and the God whose peace he at last humbly accepts.

### **Idaho**

Since 1980, depth psychologist Bill Plotkin has been guiding women and men into the wilderness — the redrock canyons and snow-crested mountains of the American West — but also into the wilds of the soul. He calls this work soulcraft. There's a great longing in all people to uncover the secrets and mysteries of our individual lives, to find the unique gift we were born to bring to our communities, and to experience our full membership in the more-than-human world. This journey to soul is a descent into layers of the self much deeper than personality, a journey meant for each one of us, not just for the heroes and heroines of mythology. A modern handbook for the journey, Soulcraft is not an imitation of indigenous ways, but a contemporary nature-based approach born from wilderness experience, the traditions of Western culture, and the cross-cultural heritage of all humanity. Filled with stories, poems, and guidelines, Soulcraft introduces over 40 practices that facilitate the descent to soul, including dreamwork, wilderness vision fasts, talking across the species boundaries, council, self-designed ceremony, nature-based shadow work, and the arts of romance, being lost, and storytelling.

### **The Count of Monte Cristo**

A modern-day classic. This highly acclaimed adventure series about two friends desperate to save their doomed city has captivated kids and teachers alike for almost fifteen years and has sold over 3.5 MILLION copies! The city of Ember was built as a last refuge for the human race. Two hundred years later, the great lamps that light the city are beginning to flicker. When Lina finds part of an ancient message, she's sure it holds a secret that will save the city. She and her friend

Doon must race to figure out the clues before the lights go out on Ember forever! Nominated to 28 State Award Lists! An American Library Association Notable Children's Book A New York Public Library 100 Titles for Reading and Sharing Selection A Kirkus Reviews Editors' Choice A Child Magazine Best Children's Book A Mark Twain Award Winner A William Allen White Children's Book Award Winner "A realistic post-apocalyptic world. DuPrau's book leaves Doon and Lina on the verge of undiscovered country and readers wanting more." —USA Today "An electric debut." —Publishers Weekly, Starred "While Ember is colorless and dark, the book itself is rich with description." —VOYA, Starred "A harrowing journey into the unknown, and cryptic messages for readers to decipher." —Kirkus Reviews, Starred

### **The Whitetail Advantage**

One of the hottest topics in contemporary culture is happiness—so much so that the United Nations declared an International Happiness Day in response to the immense popularity of Pharrell Williams' song "Happy". The explanation for this current fixation seems to lie in the contrary phenomenon—unhappiness. Despite the fact that we have tremendous access to every imaginable form of entertainment, we experience a pervading sense of insecurity, emptiness, and malaise amid sporadic peak experiences. The problem seems to lie less in the external environment than in the internal one. We seem, in the words of Viktor Frankl, to be suffering from an absence of meaning that pervades both individuals and societies, giving rise to a collective emptiness, loneliness, and alienation. Finding True Happiness attempts to provide a way out of this personal and cultural vacuum by helping people to identify and then reach for happiness. As Aristotle noted 2,400 years ago, happiness is the one thing we can choose for its own sake—everything else is chosen for the sake of happiness. After an exhaustive investigation of philosophical, psychological, and theological systems of happiness, author Fr. Spitzer developed the "Four Levels of Happiness", which he based on the classical thinkers Plato, Aristotle, Augustine, and Aquinas; the contemporary philosophers Marcel, Scheler, Buber, Ricoeur, and Jaspers; and the modern psychologists Maslow, Frankl, Erikson, Seligman, Kohlberg and Gilligan. Finding True Happiness is both a philosophical itinerary and a practical guidebook for life's most important journey—from the mundane and the meaningless to transcendent fulfillment. No other book currently available combines such breadth of practical advice and such depth of philosophical, psychological, and spiritual wisdom.

### **Principles and Choices, Book One**

How do we make sense of life? How should we treat others? How should we reasonably be expected to be treated by others? When human life is at stake, are there reasonable principles we can rely on to guide our actions? How should our laws be framed to protect human life? What kind of society should be built? Many people rely on their religious beliefs to answer these questions. But not everyone accepts the same religious premises or recognizes the same spiritual authorities.

Are there public arguments/reasons that can be given that do not presuppose agreement on religious grounds or common religious commitments that can guide our thoughts and actions, as well as our laws and public policies? In *Ten Universal Principles: A Brief Philosophy of the Life Issues*, Jesuit Father Robert Spitzer sets out, in a brief, yet highly-readable and lucid style, ten basic principles that must govern the reasonable persons thinking and acting about life issues. A highly-regarded philosopher, Father Spitzer provides an intelligent outline for thinking and talking about human life. This book is a powerful tool for persuasively articulating and effectively inculturating a pro-life philosophy.

### **The Art Of Seduction**

Illuminates how one folktale serves as a living record of the evolving cultures and relationships of China and Korea

### **The Odyssey of Homer**

It's increasingly common to be invited to a wedding, funeral or other religious service for someone of a different faith. This easy-to-read religious etiquette guidebook helps the well-meaning guest feel comfortable and participate as fully as possible, with a brief description of worship practices and life-cycle ceremonies for 29 faith traditions.

### **Johannes Climacus**

Father Spitzer, President of the Magis Institute and former President of Gonzaga University, has been using the principles in this book to educate people of all backgrounds in the philosophy of the pro-life movement. The tremendous positive response he has received inspired him to start the Life Principles Institute. This book is one of the key resources used for this program. This work effectively draws out the connections between personal attitudes toward happiness and the meaning of life, and the larger cultural issues such as freedom and human rights. Relying on the wisdom of the ages and respecting the human persons' unique capacity for rational analysis, this work offers definitions of the key cultural terms affecting life issues, including Happiness, Success, Love, Suffering, Quality of Life, Ethics, Freedom, Personhood, Human Rights and the Common Good.

### **The Spirit of Leadership**

### **LSD, My Problem Child**

Since Descartes famously proclaimed, "I think, therefore I am," science has often overlooked emotions as the source of a person's true being. Even modern neuroscience has tended, until recently, to concentrate on the cognitive aspects of brain function, disregarding emotions. This attitude began to change with the publication of Descartes' Error in 1995. Antonio Damasio—"one of the world's leading neurologists" (The New York Times)—challenged traditional ideas about the connection between emotions and rationality. In this wondrously engaging book, Damasio takes the reader on a journey of scientific discovery through a series of case studies, demonstrating what many of us have long suspected: emotions are not a luxury, they are essential to rational thinking and to normal social behavior.

### **Evidence for God from Physics and Philosophy**

#### **The Noonday Devil**

In this book - an expanded version of his 2014 University of Dallas Aquinas Lecture - Father Robert Spitzer audaciously combines the intellectual legacies of two Catholic priests, St. Thomas Aquinas and Monsignor Georges Lemaître. Living in the thirteenth century, Thomas Aquinas ardently believed that, as he wrote in the Summa contra gentiles, "truth which human reason is naturally endowed to know cannot be opposed to the truth of the Christian faith." But human reason has made many advances since Thomas's days. One of them is the Big Bang theory, which Georges Lemaître, professor of physics at the Catholic University of Louvain, discovered in 1927. According to this theory, the universe as we know it began billions of years ago with an unimaginably powerful explosion. Is Thomas's metaphysical vision of the universe, which includes the existence of a Creator who made and ordered the cosmos, compatible with contemporary cosmology? That is the question which Father Spitzer addresses in this book.

#### **How to be a Perfect Stranger**

Dr. Bob Arnot, the bestselling author of The Aztec Diet, shows you how to use the power of America's favorite drink—coffee—to achieve improved health, longevity, mental clarity and weight loss in this unique, groundbreaking wellness guide. For years, we've been told that coffee was bad for our health. But new research reveals that, consumed properly, coffee can be the healthiest, tastiest part of your day. It can sharpen your focus, jumpstart your workout, help you lose weight, and even help fend off disease, from diabetes and liver disease to heart disease and Parkinson's. In this revolutionary handbook, Dr. Bob Arnot explains how coffee became a staple of the human diet, and reveals why having a cup is the best thing you can do each day. He also teaches you how to find the best beans from around the world and how to create the best brew and food pairings. The Coffee Lover's Diet includes a full diet plan with corresponding recipes to

ensure you get the full benefits of this miracle bean—in the right amounts and in a variety of ways—as well as tips for putting all of this invaluable information and advice to work to help you shed pounds, gain energy, and make the healthiest choices every day.

### **Descartes' Error**

One of the hottest topics in contemporary culture is happiness—so much so that the United Nations declared an International Happiness Day in response to the immense popularity of Pharrell Williams' song "Happy". The explanation for this current fixation seems to lie in the contrary phenomenon—unhappiness. Despite the fact that we have tremendous access to every imaginable form of entertainment, we experience a pervading sense of insecurity, emptiness, and malaise amid sporadic peak experiences. The problem seems to lie less in the external environment than in the internal one. We seem, in the words of Viktor Frankl, to be suffering from an absence of meaning that pervades both individuals and societies, giving rise to a collective emptiness, loneliness, and alienation. Finding True Happiness attempts to provide a way out of this personal and cultural vacuum by helping people to identify and then reach for happiness. As Aristotle noted 2,400 years ago, happiness is the one thing we can choose for its own sake—everything else is chosen for the sake of happiness. After an exhaustive investigation of philosophical, psychological, and theological systems of happiness, author Fr. Spitzer developed the "Four Levels of Happiness", which he based on the classical thinkers Plato, Aristotle, Augustine, and Aquinas; the contemporary philosophers Marcel, Scheler, Buber, Ricoeur, and Jaspers; and the modern psychologists Maslow, Frankl, Erikson, Seligman, Kohlberg and Gilligan. Finding True Happiness is both a philosophical itinerary and a practical guidebook for life's most important journey—from the mundane and the meaningless to transcendent fulfillment. No other book currently available combines such breadth of practical advice and such depth of philosophical, psychological, and spiritual wisdom.

### **New Proofs for the Existence of God**

In *The Whitetail Advantage - Understanding Deer Behavior for Hunting Success*, the two top deer biologists in the country explain how to become a better hunter by taking basic science of deer biology and behavior and relating it to hunters in a way that will help them achieve greater success and enjoyment from hunting whitetail.

### **Transforming Gender and Emotion**

*Heart of Darkness* is a short novel by Polish novelist Joseph Conrad, written as a frame narrative, about Charles Marlow's life as an ivory transporter down the Congo River in Central Africa. The river is "a mighty big river, that you could see on the

map, resembling an immense snake uncoiled, with its head in the sea, its body at rest curving afar over a vast country, and its tail lost in the depths of the land." In the course of his travel in central Africa, Marlow becomes obsessed with Mr. Kurtz. The story is a complex exploration of the attitudes people hold on what constitutes a barbarian versus a civilized society and the attitudes on colonialism and racism that were part and parcel of European imperialism. Originally published as a three-part serial story, in Blackwood's Magazine, the novella Heart of Darkness has been variously published and translated into many languages. In 1998, the Modern Library ranked Heart of Darkness one of the hundred best novels in English of the twentieth century.

### **The Story of My Life**

The 10th-anniversary edition of the No. 1 international bestseller and modern classic beloved by millions of readers HERE IS A SMALL FACT - YOU ARE GOING TO DIE 1939. Nazi Germany. The country is holding its breath. Death has never been busier. Liesel, a nine-year-old girl, is living with a foster family on Himmel Street. Her parents have been taken away to a concentration camp. Liesel steals books. This is her story and the story of the inhabitants of her street when the bombs begin to fall. SOME IMPORTANT INFORMATION - THIS NOVEL IS NARRATED BY DEATH The 10th-anniversary edition features pages of bonus content, including marked-up manuscript pages, original sketches, and pages from the author's writing notebook.

### **The Dream of Eugene Aram, the Murderer**

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