

Deepening Fiction A Practical Guide For Intermediate And Advanced Writers

Everyday ResilienceA Practical Guide to Irish SpiritualityThe Art of HappinessTeaching Skills for Complex TextThe Last DraftBurning Down the HouseThe BelieverShaping the StoryThou Shalt KillBelieversWhat Do I Teach Readers Tomorrow? Fiction, Grades 3-8A Kite in the WindHungry Ghost TheaterThe Relaxed MindHow to Have Impossible ConversationsOur Pristine MindWriting FictionDeepening FictionThe Longman Guide to Intermediate and Advanced Fiction WritingActually, the Comma Goes HereMindfulnessThe True Sources of the NileThinking Through Quality QuestioningA Practical Guide for WitchesSoulfulnessEphraimIntuitive EditingSystems Thinking For Social ChangeThe Book of Lost LightBones Would Rain from the SkyThe Great SimulatorDeepening a Sense of the SacredImperfect CadenceBibliographic IndexThe Believer Book of Writers Talking to WritersPractical Guide to Self-HypnosisDeepening the TreatmentBook Review IndexDedicated to the People of DarfurThe Weblog Handbook

Everyday Resilience

Fiction. Drama. Jewish Studies. An inventive, funny, sometimes heart-breaking exploration of the connections between art and hunger, duty and desire, and loss and survival. Brother and sister Robert and Julia Zamarin are trying to awaken the world to its peril with their tiny political theater company, while their sister Eva, a neuroscientist, searches for the biological roots of empathy. As Julia attempts to break free of Robert's influence, Robert, as lost without her as she is without him, takes on dark material and drives away members of their company. Meanwhile, the whole family contends with the ongoing troubles of Eva's youngest daughter, Arielle, as she struggles with addiction. Finally, after a family catastrophe, Julia and Robert reunite to create a new piece in a possibly haunted theater institute. When Arielle shows up after her latest relapse, they all have to find a new way of living in--and with--a world out of balance. The adventures of the eccentric, memorable Zamarin family take the reader from San Francisco to Seoul, from theater spaces to psychiatric hospitals, from Zanzibar to the Santa Cruz Mountains, and into and through a series of Sumerian and Tibetan hells. This imaginative, provocative novel is a contemporary Inferno for fans of Margaret Atwood, Ruth Ozeki, and Lydia Millet. "Sarah Stone traces out the quirky, fateful dramas of one family, while having the visionary originality to take the longest possible view of human action. I found this an unforgettable book, astute, vivid, and stubbornly ambitious in its scope." --Joan Silber "With her laser intelligence and gorgeous prose style, Sarah Stone has written a thrilling hybrid of a novel about the intricacies of family life and the inevitable handing down from one generation to the next of our deepest passions and pathologies. Set around the world--and in the next one--this book is both marvelously inventive and deeply humane. I loved it."--Ann Packer

A Practical Guide to Irish Spirituality

Reclaim the witch within--a hands-on guide to magical spellcasting and self-discovery Witchcraft is a vast and varied range of magical rituals and beliefs--which means refining and deepening your craft can seem overwhelming at first. A Practical Guide for Witches is a simple but comprehensive reference to guide you through using witchcraft in all aspects of your life. It's a solid foundation of knowledge and wisdom that empowers your practice to grow. Inside you'll find approachable spells, nourishing rituals, and encouraging advice that can help all witches channel their energy into everything from blessing house plants, to soothing a broken heart, lighting candles for protection, and attracting good luck. This powerful guide for witches is: Truly practical--No matter where you are on your path, this book draws on all types of witchcraft to help you tap into the enchantment of daily life. Find your roots--Explore a brief history of witches and an introduction to magical practices like manifestations, setting intentions, the phases of the moon, and building altars to the seasons. Magic for all areas of life--Use your craft to strengthen your health, happiness, relationships, career, and beyond. Awaken your power and infuse magic into everything you do with A Practical Guide for Witches.

The Art of Happiness

This book is written in terms that are comprehensible to the layman. The step-by-step instructions should afford the reader a means of acquiring self-hypnosis. The necessary material is here. The reader need only follow the instructions as they are given. It is the author's hope that you will, through the selective use of self-hypnosis, arrive at a more rewarding, well-adjusted, and fuller life.

Teaching Skills for Complex Text

Fun, funny, and factual--the most complete guide to punctuation for beginners and experts alike. Period. No one's ever said that learning punctuation is fun--until now. Actually, The Comma Goes Here takes a lighthearted yet highly informative approach to ensuring you never misplace a comma again. Whether it's semicolons or exclamation points, this primer has you covered with chapters that dive deep into the correct use for each and every piece of punctuation. You'll find plenty of fun (and funny) examples of proper writing while also learning how punctuation has changed throughout history. Actually, The Comma Goes Here includes: A complete crash course--Keep things simple with chapters that progress from the most basic punctuation (like periods) to more advanced or uncommon punctuation (like brackets). Memorable advice--Never mix your clauses up again thanks to easy-to-remember breakdowns, handy mnemonics, and entertaining sample sentences. Matters of style--Discover a quick reference chart that details the differences between the most common style guides, including the Chicago Manual of Style and Associated Press. Perfect your punctuation with the help of this comprehensive

guidebook.

The Last Draft

Burning Down the House

Asking the right questions is the answer This groundbreaking book provides teachers with an accessible, research-based blueprint for developing student metacognitive skills and ensuring that students take responsibility for their own learning. The authors use the findings of cognitive scientists to highlight quality questioning behaviors and explain how to apply them for improved student outcomes. Key features include: Short vignettes of quality questioning in action Evidence that ties question strategy to student achievement An overview of collaborative, written, electronic, and group response strategies Examples of how quality questioning connects to formative assessment Special note regarding the eBook version: Some figures have been redacted in compliance with digital rights permissions.

The Believer

In the late 1990s, shortly after arriving in the United States, it became clear to Dza Kilung Rinpoche that his Western students responded to traditional meditation instructions differently from his students back in Asia. The Westerners didn't know how to relax—our pressured, fast-paced lifestyles carried over into meditation. The Relaxed Mind contains instructions for the seven-phase meditation practice Dza Kilung Rinpoche developed for students in the West. It's adapted from traditional instructions to counteract the overwhelming distraction that is becoming a global culture these days, not only in the West. Experienced meditators may be surprised to find their practice deepening through letting go of tension. This is also an excellent meditation manual for any beginner.

Shaping the Story

'Brian Draper is Britain's foremost popular spiritual thinker; he has no equals in linking the inner with the political and personal outer. This is a remarkably practical exploration of elusive yet core elements of our existence.' - Oliver James The beauty of mindfulness is that it's incredibly simple both to 'get' and to practise. And the results - increasingly backed by neuro-scientific evidence - are priceless: calmness and reduced stress, more creativity, greater awareness, compassion. . . And yet there's a danger that mindfulness can be used in a purely consumerist and self-serving way to help people to become better adapted cogs in a still-toxic model of work and life. Brian Draper challenges us to live not just mindfully but

soulfully. Not merely to be less stressed, but to flourish, dynamically and creatively - to be present - through living intentionally and compassionately.

Thou Shalt Kill

Four clairvoyant Earthlings are summoned to a distant galaxy, to assist an abducted race of humans; struggling to defeat an invasion of astral entities. This epic sci-fi/fantasy draws us out of ordinary reality and into multiple worlds of extraterrestrial beauty, fabled history, and life-and-death stakes. Read and be transported.

Believers

A Kite in the Wind is an anthology of essays by 20 veteran writers and master teachers. While the contributors offer specific, practical advice on such fundamental aspects of craft as characterization, character names, the first person point of view, and unreliable narrators, they also give extended, thoughtful consideration to more sophisticated topics, including “imminence,” or the power of a sense of beginning; creating and maintaining tension; “lushness”; and the deliberate manipulation of information to create particular effects. The essays in A Kite in the Wind begin as personal investigations — attempts to understand why a decision in a particular story or novel seemed unsuccessful; to define a quality or problem that seemed either unrecognized or unsatisfactorily defined; to understand what, despite years of experience as a fiction writer, resisted comprehension; and to pursue haunting, even unanswerable questions. Unlike a how-to book, the anthology is less an instruction manual than it is an intimate visit with twenty very different writers as they explore topics that excite, intrigue, and even puzzle them. Each discussion uses specific examples and illustrations, including both canonical stories and novels and writing less frequently discussed, from the 19th, 20th, and 21st centuries, by both American and international authors. The contributors share their hard-earned insights for beginning and advanced writers with humility, wit, and compassion. The first section of the book focuses on narration, with particular attention paid to various kinds of narrators; the second, on strategic creation and presentation of character; the third, on some of the roles of the visual, beginning with establishing setting; and the fourth, on structural and organizational issues, from movement through time to the manipulation of information to create mystery and suspense.

What Do I Teach Readers Tomorrow? Fiction, Grades 3-8

Captures the fleeting moments that forever shape an individual's life in eight pieces of short fiction that include "Reincarnation," "The Cure for Love," and the title novella in which the narrator describes his father's fall from grace. 17,500 first printing. Tour.

A Kite in the Wind

You are Not Here: Your practical guide to recognizing the amazing illusion you are experiencing. Have you noticed that the life you are living is just a fantastic illusion; what relevance is that to you? You have bills to pay and people to look after. Whether you are living in a universe of non-existent matter is not one of your pressing concerns. However, it turns out that not only are you living in a world entirely constructed out of non-existent matter, but you also determining everything that happens to you. Is this a fantastic claim? The only way to verify its authenticity is to check this out for yourself. The Great Simulator is a cutting edge description of how the illusion you have engineered is created. The book contains a simple step-by-step guide to verifying that you are indeed the creator of this illusion. If you want to change your life, learn how you really can.

Hungry Ghost Theater

Tired of hearing about “complex text”? Bothered by the pushy messages about “challenge”? This book is for you! Unlike the many other materials on text complexity, this one focuses on specific comprehension skills that students need in order to really engage with text. This book will help elementary school teachers equip their students with practical tools and understandings of the structures and conventions that allow them to excel, including concrete tools, passages, games, lessons, and examples to teach anaphora, connectives, paragraph structure, gathering evidence (fiction and nonfiction), and text challenge. A final chapter specifies how to stretch students in texts while attending to their stamina, executive skills, and interests. Book Features: Text-based lessons for grades 3–5. Opening vignettes which provide classroom context for each skill. Key objectives and Common Core Standards. Think-aloud language to guide strategy development. Research-based strategies and games. “Real-life scenarios of comprehension breakdowns all teachers will recognize are followed by detailed guidelines for best practice and step-by-step directions for activities to combat and remedy these pitfalls. This book is a valuable resource for all teachers supporting intermediate graders’ reading comprehension.” —Tisha Hayes, University of Virginia “I highly recommend this book for classroom teachers, reading specialists, and interventionists who are looking for ways to deepen students’ comprehension. Additionally, this book provides a rich toolkit for supporting professional development in schools.” —Kelly B. Cartwright, Christopher Newport University “This book is a must-have for any teacher who strives to meet the standards in meaningful, engaging ways.” —Jennifer Powell, Radford University

The Relaxed Mind

How to Have Impossible Conversations

Finally a book for anyone who has ever thought about starting a Weblog but wasn't sure how to post, where to find links, or even where to go to register. The Weblog Handbook is a clear and concise guide to everything one needs to know about the phenomenon that is exploding on the Web. Rebecca Blood expertly guides the reader through the whole process of starting and maintaining a Weblog and answers any questions that might pop up along the way, such as the elements of good Weblog design and how to find free hosting.

Our Pristine Mind

Donors, leaders of nonprofits, and public policy makers usually have the best of intentions to serve society and improve social conditions. But often their solutions fall far short of what they want to accomplish and what is truly needed. Moreover, the answers they propose and fund often produce the opposite of what they want over time. We end up with temporary shelters that increase homelessness, drug busts that increase drug-related crime, or food aid that increases starvation. How do these unintended consequences come about and how can we avoid them? By applying conventional thinking to complex social problems, we often perpetuate the very problems we try so hard to solve, but it is possible to think differently, and get different results. Systems Thinking for Social Change enables readers to contribute more effectively to society by helping them understand what systems thinking is and why it is so important in their work. It also gives concrete guidance on how to incorporate systems thinking in problem solving, decision making, and strategic planning without becoming a technical expert. Systems thinking leader David Stroh walks readers through techniques he has used to help people improve their efforts to end homelessness, improve public health, strengthen education, design a system for early childhood development, protect child welfare, develop rural economies, facilitate the reentry of formerly incarcerated people into society, resolve identity-based conflicts, and more. The result is a highly readable, effective guide to understanding systems and using that knowledge to get the results you want.

Writing Fiction

Drawing on more than 2,500 years of Buddhist tradition and teaching, the spiritual leader demonstrates how to confront the negative emotions, stresses, and obstacles of everyday life in order to find the source of inner peace.

Deepening Fiction

The Longman Guide to Intermediate and Advanced Fiction Writing

In 2019, America is bordering on financial collapse after engaging in a third conflict in Iraq. On the home front, the president has provided funding for stem cell research, but medical success is overshadowed after corporate greed intervenes. The intention to benefit those with the greatest need quickly disappears as the replication process is used to clone all major organs. With the advent of cloning, the inevitable occurs when Americas population reaches the saturation point. A chip is now implanted into all citizens, which signals when someone reaches the mandatory age of death. Years left on a chip are for sale, and the hunt for new chips is on. Meanwhile, overseas, the war rages, where people die irrespective of age. Lieutenant Roger DeMarco must put an end to the murder of entire innocent Iraqi villages by those who would harvest the enemy and civilians alike. Doctors are caught on opposing sides of science, and even a reality TV star becomes of national interest when he sells his chip and plans to slowly kill himself in a parade of hedonism. Progress, profit, and morality collide with stunning ferocity as America must evolve or die.

Actually, the Comma Goes Here

Almost everyone who crosses the therapist's threshold is looking for a second chance—a shot at living a richer, less restricted life. Understanding how echoes of the past resonate in and shape the present provides opportunities to resolve crippling conflicts and make new choices. Furthermore, such insight produces a sense of mastery. But not everyone is aware that the problems s/he brings into weekly therapy are just the first few bars of his or her song. Jane Hall wrote *Deepening the Treatment* to help the psycho-dynamically informed therapist help the patient recognize that exploring ideas and feelings is a journey worth taking and that the therapist is a trustworthy guide. Often, people need to wade before they feel comfortable diving into deep waters. Hall introduces a responsible if unconventional application of respectful, nondirective therapy, and she supports her vision with clinical examples and thoughtful attention to issues of basic technique—among them separation, termination, self-disclosure, frequency of sessions, tolerating patient rage, and, of course, interpreting the transference.

Mindfulness

Anne, an idealistic American human rights advocate, falls in love with Jean-Pierre, a high-ranking, Paris-educated member of the Tutsi ruling class, and is drawn into the tribal violence and political and social turmoil that continue to rend Burundi apart. Reprint. 17,500 first printing.

The True Sources of the Nile

Find the strength within--the practical guide to gaining resilience Everyone relies on a certain amount of stamina and

flexibility to overcome life's daily challenges. Everyday Resilience can help you face struggle and adversity with confidence by giving you practical strategies, powerful tips, and expert insights to build inner strength and develop this awesome power within you. From personal reflection exercises and mindfulness meditation, this practical guide gives you everything you need to find the courage, strength, and wisdom to deal with difficult circumstances. By building resilience and perseverance, you can enjoy life to the fullest and thrive, no matter what comes your way. Everyday Resilience includes: Easy to read, easy to understand--Discover clear, concise information on achieving resilience. Proven approach--Explore various research-based psychological and mindfulness practices to guide you, including key takeaways after each chapter. Solutions revealed--Get simple science-based strategies and techniques you can use every day. The path to achieving resilience in your daily life starts with a little help from this simple, straightforward book.

Thinking Through Quality Questioning

This is a book of contemplative poetry that is a spiritual gem. It is written from mindfulness practices in relation to a sense of the Sacred. This little book has spiritual insights that are a source of daily inspiration particularly helpful in times of personal challenges, grieving, or simple attendance to one's spiritual growth. There is much depth in these pages which offers a meaningful lens into ordinary life through a deeper way of knowing. It would appeal to a wide audience as it speaks beyond any one particular concept of God. The contemplative poetry, when read slowly, becomes a meditation and prayer in itself. Many people have a longing for a sense of the Sacred, a sense of the presence of God, and these poems supports growth in spiritual sensitivity and awareness of the Sacred in every aspect of the fully lived life. The mystical nature of the writings, the sense of inner calm that it fosters, and the utter simplicity of its spiritual perspectives, make this book a likely daily companion. It has all the makings of a spiritual classic.

A Practical Guide for Witches

The definitive handbook for the novelist who is ready to revise This wise and friendly guide shows writers how to turn first-draft manuscripts into the novels of their dreams. A critic, longtime teacher, and award-winning novelist, Sandra Scofield illustrates how to reread a work of fiction with a view of its subject and vision, and how to take it apart and put it back together again, stronger and deeper. Scofield builds her explanations around helpful concepts like narrative structure, character agency, and core scenes, using models from classic and contemporary writers. The detailed, step-by-step plan laid out in The Last Draft offers invaluable advice to both novice and experienced writers alike. In Scofield, they will find a seasoned, encouraging mentor to steer them through this emotional and intellectual journey.

Soulfulness

Focus On Decisions That Impact Readers' Skill Development In What Do I Teach Readers Tomorrow? Fiction, Gravity Goldberg and Renee Houser provide a daily protocol for deciding what to teach next. The simple secret? Focus on the thinking involved in what students write and say. Tools include: Tips for what to look and listen for when students write about and discuss fiction More than 30 lessons writing about reading, organizing thinking, and more Reproducible Clipboard Notes for quick decision-making Online video clips of Renee and Gravity teaching and "thin slicing"

Ephaidria

Intuitive Editing

Every 3rd issue is a quarterly cumulation.

Systems Thinking For Social Change

The mind contains the seeds of its own awakening—seeds that we can cultivate to bring forth the fruits of a life lived consciously. With *Mindfulness*, Joseph Goldstein shares the wisdom of his four decades of teaching and practice in a book that will serve as a lifelong companion for anyone committed to mindful living and the realization of inner freedom. Goldstein's source teaching is the Satipatthana Sutta, the Buddha's legendary discourse on the four foundations of mindfulness that became the basis for the many types of Vipassana (or insight meditation) found today. Exquisite in detail yet wholly accessible and relevant for the modern student, *Mindfulness* takes us through a profound study of: Ardency, clear knowing, mindfulness, and concentration—how to develop these four qualities of mind essential for walking the path wisely The Satipatthana refrain—how deeply contemplating the four foundations of mindfulness opens us to bare knowing and continuity of mindfulness Mindfulness of the body, including the breath, postures, activities, and physical characteristics Mindfulness of feelings—how the experience of our sense perceptions influences our inner and outer worlds Mindfulness of mind—learning to recognize skillful and unskillful states of mind and thought Mindfulness of dhammas (or categories of experience), including the Five Hindrances, the Six Sense Spheres, the Seven Factors of Awakening, and much more "There is a wealth of meaning and nuance in the experience of mindfulness that can enrich our lives in unimagined ways," writes Goldstein. In *Mindfulness* you have the tools to mine these riches for yourself.

The Book of Lost Light

Akin to Monty Roberts's *The Man Who Listens to Horses* and going light-years beyond *The Hidden Life of Dogs*, this

extraordinary book takes a radical new direction in understanding our life with canines and offers us astonishing new lessons about our pets. From changing the misbehaviors and habits that upset us, to seeing the world from their unique and natural perspective, to finding a deep connection with another being, **BONES WOULD RAIN FROM THE SKY** will help you receive an incomparable gift: a profound, lifelong relationship with the dog you love.

Bones Would Rain from the Sky

Looks at how political and historical events have shaped modern American fiction, and discusses narrative, characterization, and melodrama

The Great Simulator

A section on the writing life includes candid discussions of writer's block, talent, habit, rejection, publication, and endurance to help aspiring professionals develop sustainable lives as writers."--Jacket.

Deepening a Sense of the Sacred

The most widely used and respected book on writing fiction, *Writing Fiction* guides the writer from first inspiration to final revision. Supported by an abundance exercises, this guide/anthology explores and integrates the elements of fiction while offering practical techniques and concrete examples. A focus on the writing process in its entirety provides a comprehensive guide to writing fiction, approaching distinct elements in separate chapters while building on what has been covered earlier. Topics include free-writing to revision, plot, style, characterization, dialogue, atmosphere, imagery, and point of view. An anthology of diverse and contemporary short stories followed by suggestions for discussion and writing exercises, illustrates concepts while offering variety in pacing and exposure to this increasingly popular form. The book also discusses key issues including writing workshops, using autobiography as a basis for fiction, using action in stories, using dialogue, and maintaining point of view. The sixth edition also features more short short stories than any previous edition and includes quotation boxes that offer advice and inspirational words from established writers on a wide range of topics--such as writing from experience, story structure, openings and endings, and revision. For those interested in developing their creative writing skills.

Imperfect Cadence

"This intermediate/advanced guide to writing fiction emphasizes the revision process and uses craft discussions, exercises,

and diverse examples to show the artistic implications of writing choices. This book addresses the major elements of fiction. Numerous examples, questions, and exercises throughout the book help students reflect upon and explore writing possibilities. The mini-anthology includes a variety of highly teachable, illustrative, and diverse stories--North American and international, contemporary and classic, realistic and experimental."--Publisher's website.

Bibliographic Index

Life's changes. They happen every day. Some large, some small. A few are very personal. Others impact the world. Dedicated to the People of Darfur: Writings on Fear, Risk, and Hope includes original and inspiring essays that celebrate the glories gained from taking risks, breaking down barriers, and overcoming any obstacles. Nobel and Pulitzer Prize winners, a gallery of O.Henry award recipients, and many best-selling authors come together to share personal and compelling challenges and experiences. From contemplations on past drug use to reflections on gun control, social justice, passion and its sacrifices, and adventures such as skydiving, mountain climbing, and golfing, the topics vary greatly. This kaleidoscopic anthology is a commentary on the lives of prominent literary artists and ordinary citizens who have made simple, yet powerful choices that provoked change in one's self and for humanity--much the same way that Luke and Jennifer Reynolds do by building this invaluable collection for readers and the world of human rights. Not too long ago, as struggling graduate students, Luke and Jennifer Reynolds conceived this uniquely themed volume as a way to raise funds to support ending the genocide in Darfur. Some people carry signs, others make speeches, many take action. What is most special about this book is that it extends beyond words and ideas, into a tangible effort to effect change. To this end, all royalties from the sales of Dedicated to the People of Darfur: Writings on Fear, Risk, and Hope will benefit The Save Darfur Coalition, an organization that seeks to end the genocide in Darfur, Sudan.

The Believer Book of Writers Talking to Writers

Practical Guide to Self-Hypnosis

This book is about change, growth, learning, and connection. It is conversational, and informal, and a little bit fun to read. It is about looking at things around you - past, present, and future - and asking the important questions. Perhaps the only really important question: Why? This is a book for all of us who are looking, searching for a way to plant our feet firmly on Irish ground, and take responsibility for what we are doing here, for our place in the big picture that is Ireland today. You don't have to be Pagan, or New Age, or Magical, or Spiritual, to read this book. You don't even have to be Irish. To get the full benefit, you do have to be open minded, willing to learn something about yourself, about Ireland, and maybe even

about your place in this land. This is also a practical guide and a work book, and that is important to understand before you buy. There are more questions within these pages than there are definitive answers. Understand that this work is up to you, and nobody else will take responsibility for the work you need to be doing. There is genuine guidance though, some funny bits, and more than a couple of pokes and prods to help you on your way. Written by a woman of this land, called Witch by some, Druid by others, and Bean Draoi by herself, when she has to go by something other than "that O'Brien one." Sharing experience and knowledge, and suggestions for how you might get to where you need to be - examining how things used to be done here, and what can be useful and relevant to us as we bring ourselves forward through our Irish Spirituality.

Deepening the Treatment

A fascinating compendium of conversations between writers includes dialogues between Zadi Smith and Ian McEwan, Jonathan Lethem and Paul Auster, Dave Eggers and David Foster Wallace, and many, many others. Original.

Book Review Index

A practical, actionable guide for assessing your writing with the objective eye of an editor and deepening and elevating your story. Whether you write fiction, narrative nonfiction, or memoir; whether this your first story or your fiftieth, Intuitive Editing will help you edit and revise your writing with inspiration, motivation, and confidence.

Dedicated to the People of Darfur

"This is a self-help book on how to argue effectively, conciliate, and gently persuade. The authors admit to getting it wrong in their own past conversations. One by one, I recognize the same mistakes in me. The world would be a better place if everyone read this book." -- Richard Dawkins, author of *Science in the Soul* and *Outgrowing God* In our current political climate, it seems impossible to have a reasonable conversation with anyone who has a different opinion. Whether you're online, in a classroom, an office, a town hall -- or just hoping to get through a family dinner with a stubborn relative -- dialogue shuts down when perspectives clash. Heated debates often lead to insults and shaming, blocking any possibility of productive discourse. Everyone seems to be on a hair trigger. In *How to Have Impossible Conversations*, Peter Boghossian and James Lindsay guide you through the straightforward, practical, conversational techniques necessary for every successful conversation -- whether the issue is climate change, religious faith, gender identity, race, poverty, immigration, or gun control. Boghossian and Lindsay teach the subtle art of instilling doubts and opening minds. They cover everything from learning the fundamentals for good conversations to achieving expert-level techniques to deal with hardliners and extremists. This book is the manual everyone needs to foster a climate of civility, connection, and empathy.

The Weblog Handbook

The true nature of our mind is brilliant, clear, and joyful. But we don't experience this reality amid the swirl of stresses, thoughts, and emotions of day-to-day life. Our Pristine Mind is a practical guide to uncovering our naturally comfortable state of mind and reconnecting with the unconditional happiness that is already within us. Using straightforward, accessible language, Orgyen Chowang Rinpoche leads us through the path of Pristine Mind meditation, a practice from the profound teachings known as Dzogchen. This book presents the entire journey of meditation, from the very beginning all the way to the complete happiness of enlightenment. It is a realistic, natural process that can be practiced and experienced by anyone.

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